

I. COURSE DESCRIPTION:

Over the scheduled five days, 2nd year Adventure Recreation and Parks Technician students will take part in 3 days of canoeing and sea kayaking and 2 days of hiking in a remote wilderness camp site.

II. POTENTIAL LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Complete a 1 day hike

Potential Elements of the Performance:

- Demonstrate appropriate time estimates for disciplines
- Plan appropriate clothing and gear for the day's activities.
- Understand proper nutrition and hydration for different activity, levels of exertion and temperatures.
- Work with team mates cooperatively in a variety of situations and environments
- Demonstrate proper communication techniques and conventions for a variety of sports and activities.
- Understand and demonstrate safe use of equipment in a variety of settings.
- Understand and demonstrate knowledge of the laws for different disciplines such as mountain biking, canoeing, kayaking, climbing and driving.

2. Demonstrate proficiency in sea kayaking fundamentals

Potential Elements of the Performance:

- Demonstrate fundamental knowledge of kayaks, safety gear and paddles.
- Demonstrate knowledge of injury prevention
- Demonstrate rescue skills including:
 - Wet exit
 - T rescue
 - Emptying a swamped kayak
 - Towing
 - Assisted and Unassisted re-entry
- Demonstrate technical paddling skills including:
 - Lifting and carrying kayak

- Beach landing and entry
- Strokes – forward, reverse, sweep and draw
- Bracing and edging and sailing

4. **Demonstrate proficiency in Canoeing**

Potential Elements of the Performance:

- Demonstrate fundamental knowledge of canoes, safety gear and paddles.
- Demonstrate knowledge of injury prevention
- Demonstrate rescue skills including:
 - T rescue
 - Emptying a swamped canoe
 - Towing
 - Assisted and Unassisted re-entry
- Demonstrate technical paddling skills including:
 - Lifting and carrying canoe
 - Strokes – forward, reverse, C stroke, J stroke and draw

5. **Organize and deliver an interpretive program suitable for family audiences.**

Potential Elements of the Performance:

- Understand the importance of good communication and team work skills in coordinating a campfire program
- Plan and organize, in cooperation with the group, an event or activity
- Demonstrate and deliver a professional program suitable for a park interpretive program environment

III. TOPICS:

1. Kayaking
2. Hiking
3. Navigation
4. Camping
5. Weather forecasting
6. Interpretive Program

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

See Appendix #1

V. EVALUATION PROCESS/GRADING SYSTEM:

The following semester grades will be assigned to students in this course:

S = Satisfactory (Credit granted)

U = Unsatisfactory (Credit not granted)

NOTE: Attendance is mandatory. Students must satisfactorily meet all the requirements for this camp and abide by all camp rules in order to obtain an “S” grade.

VI. SPECIAL NOTES:**Attendance:**

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located in D2L and on the portal form part of this course outline.